



Level 1 Certificate in Coaching Tennis: Coaching Assistant

Introduction

The **Level 1 Certificate in Coaching Tennis: Coaching Assistant** is aimed at beginner coaches who will be able to 'assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision'. This role may include running warm ups, cool downs, individual pupil assistance or small group work. The course is essentially designed for volunteers, parents, students and coaches just starting on the coaching pathway. The course will allow you to assist in Mini Tennis and junior, club based sessions.

Qualification Objectives

By the end of this course you will be able to assist more experienced coaches and:

- Motivate and inspire people to play tennis
- Use verbal and non verbal communication skills
- Organise tennis activity constructively and safely
- Plan and deliver a structured lesson using LTA Level 1 coach resources
- Have a basic knowledge of tactics, techniques and rules of tennis
- Have a full understanding of the structure of Ariel Mini Tennis

Qualification Outline

The course operates over three days, consisting of an initial 2 days followed by a break of 3-6 weeks to allow you to go away and practice before coming back for the final day where a basic assessment will take place. The course is primarily practical based, and you will be given many opportunities to coach and develop your coaching throughout the course.

Prerequisites

- Minimum age 17
- Attended or commitment to attend a 3 hour Child Protection Course (free as part of this course). A course will be provided for you near the course venue.
- Applied for a CRB Enhanced Disclosure through the LTA which must be satisfactory to receive certification.

Course Dates

Venue	Dates	Times (on all days)	Cost
St Peters High School, Gloucester	Jan 6/7 & Feb 18 2007	9.30am – 5.30pm	£135
Oxstalls Tennis Centre, Gloucester	June 2/3 & July 8 2007	9.30am – 5.30pm	£135
Oxstalls Tennis Centre, Gloucester	Oct 6/7 & Nov 18 2007	9.30am – 5.30pm	£135

Application

Formal application forms will be available at the start of November. Please register your interest in any of the above courses by emailing or posting back the return slip attached.

Course Cost

£135 - Included in the cost: Full 3 day course and all course materials plus one place on the Child Protection Workshop run in the break between the first 2 days and the final day.

What is the UKCC?

The UK Coaching Certificate is an endorsement of sport specific coach education qualifications that are aligned to an agreed framework. By creating a recognised standard for coach education the UKCC makes it easier to identify a quality coach in any sport at any level and contribute immeasurably to the professionalisation of coaching.



IMPORTANT

Please note this course will replace the course previously known as the TA. During 2007/08 there will also be a UKCC Level 2 coming online. If you currently hold a TA you can either go straight to DCA (within the next 12-24 months) or go onto the UKCC Level 2 course (aimed at schools delivery and group coaching). If you currently hold the TA qualification and would like further information about taking the correct next step please contact Rob Dearing at the county office.



UKCC LEVEL 1



COMPLETE AND RETURN THIS FORM IF YOU WOULD LIKE TO RECEIVE A FORMAL APPLICATION TO BOOK A PLACE ON ONE OF THE UKCC COURSES.

(FORMAL APPLICATION FORMS WILL BE AVAILABLE IN EARLY NOVEMBER. WE WILL SEND YOU THIS FORM USING THE DETAILS YOU FILL IN BELOW. MAX PLACES ON EACH COURSE 16)

(Please complete in block capitals)

Family Name:		Mr	Mrs	Miss	Ms
First Name:					
Address:					
Postcode:			Fax:		
Date of Birth:			Occupation:		
☎ Home:			☎ Business:		
☎ Mobile:			E-mail:		

Payment

Payment will be requested when we send you out the formal application form. Places are only guaranteed after payment and formal applications are received.

UKCC Level 1 Courses

Please tick the appropriate box for the course you are interested in attending:

Jan 6/7th & Feb 18th 2007 St Peters High School, Glos

June 2/3rd & July 8th 2007 Oxstalls Tennis Centre, Glos

Oct 6/7th & Nov 18th 2007 Oxstalls Tennis Centre, Glos

I am unable to attend any of the above courses, but would like to attend a future course or one in a neighbouring county.

Please return this form to the Gloucestershire LTA, Oxstalls Tennis Centre, Plock Court, Gloucester, GL2 9DW or email it to glos@lta.org.uk.

All enquiries please call: 01452 396644

